



# 2025 Upcoming Parenting Courses

## 1-2-3 Magic & Emotion Coaching Course for Parents:

A simple yet effective behaviour management program for parents and carers of children between 2 and 12 years of age.

This course provides you with the knowledge and a set of practical responses to children's difficult behaviour and emotional upsets as they are happening.

**In Person OR Webinar:**

MON 17, 24 & 31 March 2025 (3-part series)

6:30-8:30pm

Find out more: <https://bit.ly/3rTnbj4>



## Anxiety Coach Course for Parents:

Providing parents with the skills to reduce anxiety and build resilience in 2-12 year old. Anxiety is far more prevalent in today's society. But are we just worrying too much these days? This course provides parents with a solid understanding of anxiety and will equip you with practical responses that you can use to help reduce anxiety and build resilience in your children.

**In Person ~ Wembley:**

Tue 17 & 24 June 2025 (2-part series)

6:30-8:30pm

Find out more: <https://bit.ly/3rTnbj4>



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